## July 2024 events and programs at Edison and Ford Winter Estates

Farmers Market
Every Friday in June and July
9 a.m. to 1 p.m.

Edison and Ford Winter Estates 2350 McGregor Blvd, Ft. Myers

There is a new farmers market in town! Come shop for fresh produce and other items, get something to eat and drink, listen to music, and stroll through the wildflower and Bromeliad gardens. Plus, there will be fruit trees, herbs and flowering plants available for sale in the Garden Shoppe.

The Farmers Market is a free event with free parking (does not include admission to the museum, laboratory or riverside of the property).

239-334-7419

## **Ongoing Programs:**

Yoga by the River Mondays and Wednesdays at 10 a.m.

Edison and Ford Winter Estates 2350 McGregor Blvd., Ft. Myers

Although yoga has been around for more than 5,000 years, it has become increasingly popular during the past decade. Aside from the health benefits, it offers us a deeper connection to our inner self, nature and the community. This one-hour yoga class allows you to step away from all the 21st century gadgets and focus on the moment.

All skill levels are welcome. This class is taught by Bonnie D'Angelo, a certified yoga instructor. Bonnie started her journey as a yoga teacher to further support her own spiritual growth. She is RYT200 certified with Yoga Alliance and working toward RYT300. She is certified in Reiki 1 and Reiki 2 and will continue the path toward Reiki Master and Energy Worker.

Tickets can be purchase online at <u>edisonford.org</u> or at the ticket counter. Bring a yoga mat, water and towel. Admission to the site is not included.

Edison Ford members: \$15; non-members: \$20 per class

239-334-7419

Step into History Presentations Tuesdays and Thursdays at 10:30 a.m. and 2 p.m.

Edison and Ford Winter Estates 2350 McGregor Blvd., Ft. Myers

Each week, Edison Ford Historians present an in-depth look at a topic related to our site.

This program is held in the 15,000-square-foot museum. Included with admission.

239-334-7419

Piano Performances Every Wednesday at 1 p.m.

Edison and Ford Winter Estates 2350 McGregor Blvd., Ft. Myers

Join Curatorial Registrar, Chet, for a special piano performance. He will play Mina Edison's 1932 George Steck piano in the guest house. Included with admission.

239-334-7419